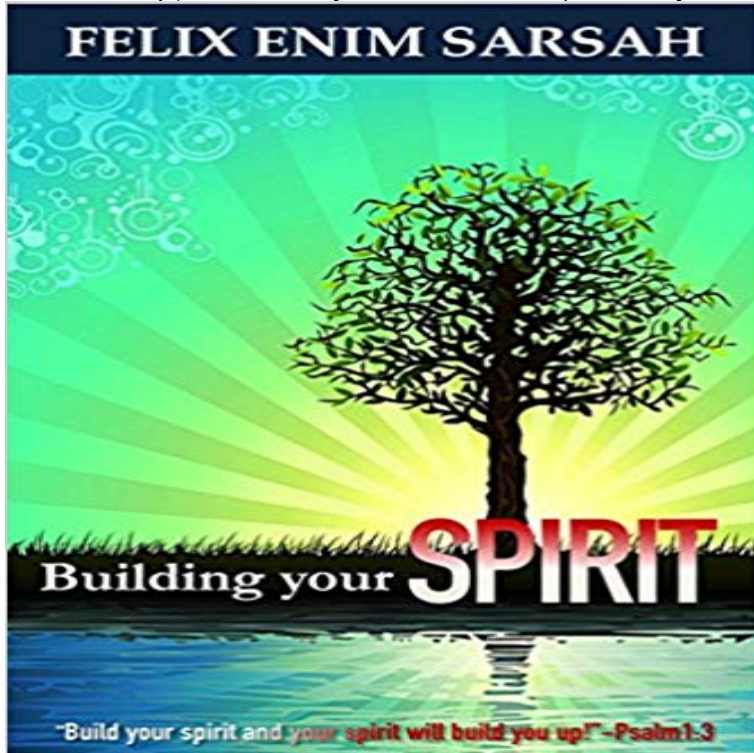


Building Your Spirit: Build your spirit and your spirit will build you up.



The purpose of this book is to empower you spiritually to discover who you truly are and start living the abundant life you were created to live here on earth. If you desire to live an abundant life, free from the worries and challenges of this world, live to your full spiritual potential and become who God created you to be, then you must live in the supernatural. Nothing can discourage a person whose spirit is active to the things of God. The greatest tragedy in life is not lack of money in your pocket or a lack of skill, but rather not knowing who you are and the potential inside of you. You are more than the body you occupy. What we build mostly in our lifetime is the body. We spend a lot of time and energy thinking about clothes, food, shelter, entertainment and pleasure for the body and soul, but sadly little on the development of the spirit. The spirit of a man will sustain his infirmity, but a wounded spirit who can bear? This is because a wounded spirit is more painful than a wounded body. It is important to build your spirit-man to withstand the unavoidable challenges of this life. As your spirit develops, you become more and more conscious of the Spirit and less conscious of the outward life. A developed spirit is a winner in life. He is like a tree planted by the rivers of water, that yield its fruit in season and its leaves never fall, and whatsoever he does he prospers (Psalm 1:3). Felix Enim Sarsah currently lives in London, United Kingdom with his wife and two children. He is a teacher, a writer, a motivational speaker and a preacher. He is the author of the blog: www.buildyourspirit.org. The vision about Building your spirit was started in 2009 when God laid upon his heart the need for spiritual transformation for his generation. He has motivated many and brought revelations concerning spiritual things to the body of Christ. He firmly believes that the entrance of Gods word brings

illumination and freedom to ones life. He is passionate about raising men and women as leaders in families and organising training on discipleship. He enjoys painting in acrylic and reading. You can also follow him on twitter @spiritbuilding.

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